

- **This medicine can only be used for the short term treatment of acute, moderate pains which is not relieved by paracetamol, ibuprofen or aspirin alone** (such as rheumatic and muscular pain, backache, migraine, headache, neuralgia, period pain and dental pain)
- **You should only take this product for a maximum of three days at a time. If you need to take it for longer than three days you should see your doctor or pharmacist for advice**
- **This medicine contains codeine which can cause addiction if you take it continuously for more than three days. This can give you withdrawal symptoms from the medicine when you stop taking it**
- **If you take this medicine for headaches for more than three days it can make them worse**

READ ALL OF THIS LEAFLET CAREFULLY BEFORE YOU START TO TAKE YOUR MEDICINE

It contains important information.

Keep this leaflet. You may want to read it again. If you have any further questions after you have read it, ask your doctor or pharmacist.

1. What Nurofen Plus is and what it is used for

The active ingredients (which make Nurofen Plus work) are Ibuprofen and Codeine phosphate.

Ibuprofen belongs to a group of medicines known as non-steroidal anti-inflammatory drugs (NSAIDs). NSAIDs provide relief by changing the body's response to pain, swelling, and high temperature. **Codeine** is a painkiller (analgesic) that reduces the communication of pain messages.

- **Nurofen Plus is for the short term treatment of acute, moderate pain which is not relieved by paracetamol, ibuprofen or aspirin alone**, such as :
 - migraine, headaches, neuralgia
 - period, dental, back, rheumatic and muscular pains.

2. Before taking this medicine

Do not take :

- **This medicine contains codeine which can cause addiction if you take it continuously for more than three days. This can give you withdrawal symptoms from the medicine when you stop taking it**

• **If you take a painkiller for headaches for more than three days it can make them worse**

- If you have (or have had two or more episodes of) a stomach ulcer, perforation or bleeding
- If you have breathing difficulties
- If you are allergic to ibuprofen, codeine or any of the other ingredients (see section 6) or to aspirin or other painkillers
- If you suffer from severe kidney, heart problems
- If you suffer from chronic constipation
- If you have had gastrointestinal bleeding or perforation when previously taking NSAIDs
- If you have had a worsening of asthma, skin rash, itchy runny nose or facial swelling when previously taking ibuprofen, aspirin or similar medicines
- If you are taking other NSAID painkillers or aspirin with a daily dose above 75mg
- If you are in the last 3 months of pregnancy
- If you are under 12 years old.

Speak to a pharmacist or your doctor before taking this product if you:

- have or have had asthma
- have kidney, heart, liver or bowel problems
- have low or high blood pressure
- have a head injury or raised intracranial pressure
- suffer from a thyroid disorder
- have Systemic Lupus Erythematosus (a condition of the immune system causing joint pain, skin changes and other organ disorders)
- have high cholesterol
- have had a heart attack or stroke
- have a history of gastrointestinal disease (such as ulcerative colitis, Crohn's disease)
- are a smoker
- are in the first 6 months of pregnancy.

Can you take Nurofen Plus with other medicines?

Some anticoagulant medicines (i.e. thin blood/prevent clotting e.g. aspirin/acetylsalicylic acid, warfarin, ticlopidine), some medicines that reduce high blood pressure (ACE-inhibitors such as captopril, beta-blockers such as atenolol, or angiotensin-II receptor antagonists such as losartan), and other medicines may affect or be affected by treatment with ibuprofen.

Medicines called Monoamine oxidase inhibitors (MAOIs) for the treatment of depression may affect or be affected by treatment with codeine.

You should therefore always seek the advice of your doctor or pharmacist before you take Nurofen Plus with other medicines.

Other warnings

- Nurofen Plus belongs to a group of medicines which **may impair fertility in women**. This is reversible on stopping the medicine. It is unlikely that Nurofen Plus, used occasionally will affect your chances of becoming pregnant. However, tell your doctor before taking this medicine if you have problems becoming pregnant.

